



## Orthotic Information / Payment Policy

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**Description:** Orthotics are custom made shoe inserts that are constructed specifically for your foot to correct abnormal or excessive movements and pressures. Orthotics are effective tools for reducing repetitive lower extremity stresses, facilitating optimal movement patterns and creating symmetry in your body. They are not only used by athletes to facilitate healing of injured tissue but by every day people to reduce pain and improve comfort.

**What to expect on your first visit:** Your physical therapist will require a full hour during your initial evaluation to complete the orthotics prescription. They will perform a biomechanical evaluation (an assessment of the structure and function of the segments of your feet and their functional relationship to the legs, hips, and spine), a gait evaluation (an assessment of the timing and function of your walking), shoe evaluation and casting to capture the perfect contours of your feet. The PT specialist may also acquire a pressure map of your foot and/ or a video gait evaluation. Please bring or wear appropriate clothing (shorts or loose slacks that can be pulled up above the knees and a T-shirt). Also please bring in the shoes (or skates, boots, etc.) that you would like to address with the orthotic devices.

**Payment Policy:** As a courtesy to you, we will bill your insurance company and will call your insurance company to check on your benefits. We do ask that you contact your insurance company regarding your coverage as we do not guarantee that the information that they give us is perfectly accurate. Typically, insurance coverage is not 100% for physical therapy and orthotics. For those who do not have coverage, we offer a 20% cash discount. For your convenience, we accept cash, credit card or personal check. Costs are itemized as follows:

<b>Initial Evaluation (biomechanical eval, gait eval, casting materials, etc)</b>	<b>\$210</b>
<b>Orthotic Devices (they are sold as a pair)</b>	<b>\$310</b>
<b>Fitting Appointment (time for fitting determines cost)</b>	<b>\$45 to \$90</b>

We require payment for the initial evaluation and orthotics at the first visit, unless we have received verification of coverage from your insurance company. The fitting appointment payment will be required at the second visit, unless we have verification of coverage. There may be a lab fee for modifications and repairs if necessary. Because your orthotic devices are custom made for your foot, they cannot be returned.

**Assignment and Release:** I hereby authorize my insurance benefits are paid directly to the physical therapist. I am financially responsible for any balance due. I also authorize the physical therapist or insurance company to release any information required for this claim.

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**Signature of Patient (or patient's authorized representative)**

**Date**